

# **Annual Activity Report 2024-25**



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## ***Preface***

*We are pleased to present before you annual report of **Shashwat Sahbhagi Sansthan** of 2023-24. During this period, a few programs were initiated on the basis of issues emerging out of programs running earlier. These programs include:*

- 1. Health and nutrition program in 13 districts of Uttar Pradesh*
- 2. Adolescent empowering through different activities health, sanitation and education*
- 3. Participation in different Workshop's and training programs*

*During this period, the organizational team developed deep understanding of the issues on which the organization is working. The efforts of the organization got support from several changes in relevant statutes.*

*I take this opportunity to thank our Donors, Governing Board members, community, media and government department for their continued support.*

*Thank you all.*

*Devendra Misra*

*Chief Functionary*

## **PROGRAM INTERVENTIONS**

Our organization is committed to empowering adolescent girls and implementing a comprehensive program intervention to support their development and well-being. Our program focuses on education, health, leadership, and advocacy to create lasting change in the lives of these girls.

In the education domain, we provide access to quality education and skill-building programs. We collaborate with schools and communities to ensure girls have equal opportunities to learn and excel in subjects such as STEAM. By promoting education, we aim to equip girls with the knowledge and skills needed for their personal and professional growth.

Health and well-being are integral to our program. We conduct workshops and provide resources on nutrition, sexual and reproductive health, mental health, and self-care. We also facilitate access to healthcare services, including reproductive health services, to ensure girls can make informed decisions and maintain their overall well-being.

Leadership training is a key component of our program. We offer workshops and mentorship programs that develop girls' leadership skills, communication abilities, and self-confidence. We encourage them to take on leadership roles within their schools, communities, and organizations, empowering them to make a positive impact.

Advocacy and awareness campaigns are vital to our program intervention. We encourage girls to become advocates for gender equality and address social issues that affect them. Through workshops, discussions, and awareness campaigns, we aim to create a more inclusive and equitable society.

Our program also focuses on creating safe spaces and support networks for girls. We establish mentoring relationships and peer support systems, where girls can freely express themselves, share experiences, and receive guidance and resources.

Through our program intervention, we strive to empower adolescent girls by providing them with the necessary tools, support, and opportunities to thrive. By investing in their education, health, leadership, and advocacy, we believe we can create a brighter future for these girls and promote positive change in their communities.

Through our program interventions, we aim to transform the lives of adolescent girls by equipping them with the knowledge, skills, and support they need to overcome obstacles and realize their full potential. We are committed to working in collaboration with local communities, schools, and other stakeholders to create sustainable change and foster a society where every girl has equal opportunities to succeed.

## Activities conducted in the year 2023-24

Empowering adolescent girls is crucial for their personal development, well-being, and contribution to society. Here are some activities that was being done to help and empower adolescent girls:

1. **Education and skill-building:** Provided access to quality education and skill-building programs that focus on subjects such as science, technology, engineering, arts, and mathematics (STEAM). This used to help girls to develop confidence, critical thinking, problem-solving skills, and opens up future career opportunities.
2. **Mentorship programs:** Established mentorship programs where adolescent girls can connect with successful women from various fields. Mentors provided guidance, support, and inspired girls to pursue their dreams and overcome challenges.
3. **Leadership training:** Conducted leadership training programs that encouraged girls to take on leadership roles within their schools, communities, or organizations. These programs focused on developing communication skills, decision-making abilities, and self-confidence.
4. **Health and well-being:** Promoted health and well-being among adolescent girls by organizing workshops on nutrition, sexual and reproductive health, mental health, and self-care. Provided access to healthcare services, including reproductive health services. Partnering with Jagran Pehel, facilitated the project Diarrhea Net Zero (DNZ) and Safer Toilets for All (STA) focused on preventing under 5 mortality due to diarrhea, with a mission to achieve Net Zero diarrhoeal the intervention focuses on improving knowledge, attitudes, behaviours and practices on 'safer toilets for all' among rural community through a cadre of 10,000 women volunteers. The project run in 13 districts of Uttar Pradesh on accounts of various bottom indicators related to WHO 7-point plan for comprehensive control of Diarrhea (prevention and control) as well as safe sanitation coverage.
5. **Sports and physical activities:** Encouraged girls to participate in sports and physical activities. Engaging in sports not only promotes physical fitness but also teaches teamwork, goal-setting, and resilience.
6. **Life skills training:** Offer life skills training that includes financial literacy, problem-solving, communication skills, time management, and decision-making. These skills empower girls to navigate challenges and make informed choices.
7. **Advocacy and awareness campaigns:** Encouraged girls to be advocates for gender equality and social issues that affect them. Supported them in organizing awareness



campaigns, workshops, and discussions on topics like gender-based violence, early marriage, and girls' education.

8. **Entrepreneurship programs:** Fostered entrepreneurial skills by providing training and resources for girls interested in starting their own businesses. This helps to develop their creativity, innovation, and financial independence.
9. **Access to technology:** Bridge the digital divide by providing access to technology, such as computers and the internet. This enables girls to acquire digital literacy skills, access educational resources, and connect with a wider network of information and opportunities.
10. **Safe spaces and support networks:** Created safe spaces where girls can freely express themselves, share experiences, and support one another. Establish support networks that provide emotional support, mentorship, and resources for girls facing challenges.
11. **Rapport building with district, block and community:** Initially organization has started the intervention point from the interaction with district administration, like line department especially with health and ICDS, and introduced the project objective that has been to be implemented as supporting action of Poshan Abhiyan the program of government of India. The rapport followed at block level with ICDS, Health and developmental department focusing with NRLM actions points. Because of NRLMs nutrition perspective we have coordinated with community level unit of NRLMs which are SHGs and Federations. Training to active member of SHG's, women representatives of Panchayati Raj and Swachhta Prahari.
  - Promoting Japanese technique in Swachh Bharat Mission for water conservation model of rural pan.
  - Sensitizing different stakeholders of society those are engaged for the purpose like; Health department, AWW, ANM etc.
12. **FGDs (Focus group discussion) at community level for poshan mitra identification**
  - Focus group discussion was done to identify the poshan mitra from the same community. It was successfully done so far, all poshan mitra are from same community.
  - Community meetings for identification of Poshan Mitra Female candidate in village Faguha in Kannauz block in progress
13. **Orientation of Partners at Lucknow University:** - It was one day orientation of partners jointly by RMP and Lucknow university department of statistics. This was the orientation and meeting with partners CEO and block coordinators. The future were discussed with representatives of NGOs and block coordinators.

#### 14. Orientation of staff for the project:

- On 15 and 16 January 2021 staff orientation was done so for by the CEO of SSS and block coordinator at hotel Hindustan Kannauz. Total 11 Poshan Mitra and BC were present. Major objective of the p[rogram was discussed.
- Staff orientation on Jan Poshan Abhiyan by chief functionary of Shashwat Sahbhagi Sansthan and BC Mr Vivek Kumar in progress.



**15. Survey through AWW register:** All Poshan Mitra were introduced with community of Kannauz block and contacted with AWWs and observed the family register. Then as central unit of Lucknow University selected the 4 gram panchayats for survey purposes.

**16. House hold survey in selected Gram Panchayats:** After the process of AWWs register finally household survey was done systematically for basic information, pregnanat women, lactic women etc.

**17. Training of block coordinators at State level by Alive and Thrive:** For the orientation of block coordinators by resource agency alive and thrive was completed with different perspectives of project so that they can carry out it at the community level, on 27<sup>th</sup> and 28<sup>th</sup> February 2021.

**18. Data feeding of survey:** Data feeding work done by poshan Mitra in Google form given by the agency for details information for the families in given project area.

**19. Training to Poshan Mitra:** As per training schedule provided by AT the training for poshan mitra was organised on 5<sup>th</sup> and 6<sup>th</sup> March. The details project activity, perspective and about Poshan Vatika discussed in the 2 days training program.

## **20. Identification of Poshan Vatika places:**

Initially the Poshan Mitra discussed with community to initiate the process of identification the place for poshan Vatika. (Nutrition garden) this is the major activity of the program. They identified at least 3 beneficiaries in one targeted Gram Panchayats of the Poshan Mitra area. Total 35 Nutrition garden were established in the project area.



**21. Community meetings for Poshan Vatika preparation:** As per guidelines of the Poshan Vatika all Poshan Mitra were conducted the community meetings with poshan vatika owners for seeding preparation and growing for futuristic action. Initially preparation as per guideline was facilitated by the poshan Mitra at the community, then seeding facilities were provided to the owners by the program implementing organisation in the area. All 35 Poshan Vatika are in progress

## **22. Training of trainers (TOT) of Poshan doot and Poshan Mitra:**

- As per the project activities identification at the community level messengers was major activity. In the process of implementation in first week of March Poshan Doot were identified as best messenger at the community level. Total 69 poshan doots were identified as a fast community messenger. The 3 days training of trainers including Poshan Mitra was conducted at Block Sabhagar of Kannauz. In which 52 participants including Poshan Mitra were participated, most of them are female. The content of the training program was to implement the cascade model used by Alive and thrive and basic subject were maternal infant and young children nutrition and health. This 3 days TOT was facilitated by different variety of trainers including government department and expertise.
- Inaugural address by CDPO Mrs Radha Bajpayi Kannauz in progress on first day of TOT

## **23. Presence of participants during the TOT**

- Session on nutrition facilitated by Chief Functionary of Shashwat Sahbhagi Sansthan
- Session on behaviour change communication expert by Mrs Geeta Saini
- Facilitating the session on breast feeding, immunisation and vitamin A by Mrs Shashi
- Session on IFA Calcium by BC Mr Vivek Kumar in progress



- Session on NHM and anemia in progress by Dr Pallvi Patel from Kannauz
- Participants are at the time of closing ceremony in pics.
- Conclusion with collective commitments by participants at the end of the TOT on 24<sup>th</sup> March 2021

**24. Networking with NGO's working on SHG and their production:** At the level of civil society in UP are working on different geographical areas and issues. Work with SHGs promotions and livelihood through different activities are vibrant and result oriented. So that networking with different NGOs working with SHGs is more important activity. SSS has organized different trainings and workshops for the same purposes. Name of the networking NGOs are as follows;

- NYST Fatehpur UP.
- Brirani Memorial Trust Lucknow



- Swararachna Foundation Lucknow.

## 25. Training to Panchayati Raj members:

- Since the beginning of the Panchayati Raj system in India, especially after the 73<sup>rd</sup> constitutional amendment in 1993, it has been felt the capacities of the PRI's members should be built and increased. In this regard, Ministry of Panchayati Raj and Rural development has initiated to build the capacities of the PRI members and plan facilitator at the community level.



It was mandatory in 73<sup>rd</sup> amendment that panchayats will also develop their own plan which they execute at their own level. After the amendment, it did not materialize due to some

reason. Again government of India has mandated to facilitate the plan with some new perspective which was called Gram Panchayat Development Plan in 2017. This

## **Youth program profile: Shashwat Sahbhagi Sansthan,** **Sitapur UP**

### **Promotion of constitutional values among youths in Mishrikh and Gondlamau developmental block of district Sitapur.**

#### **A. About the program:**

The Indian constitution is the cornerstone of the world's largest democracy. It lays down the fundamental rights, Duties, Directive principles and the framework for governance. Among the youth of India awareness and understanding of the constitution are crucial for neutering responsible citizens who can contribute to nation building.

Today's youth make up more than 37% of India's population. However, many young people remain unaware of the values, rights, and responsibilities enshrined in the Constitution. This lack of awareness often leads to apathy towards civic duties, voting rights, and democratic processes. Educating youth about constitutional values like justice, liberty, equality, and fraternity helps them understand their role in preserving democracy.

Efforts are being made through school curricula, awareness campaigns, and programs like Constitution Day celebrations to increase constitutional literacy. Platforms such as debates, youth parliaments, and civic clubs in schools and colleges also help students engage with democratic principles. Additionally, social media is becoming a powerful tool for spreading awareness and initiating discussions about rights and duties.

A constitutionally aware youth is more likely to participate in elections, protest peacefully, stand against injustice, and demand transparency from the government. They are also more equipped to challenge discrimination and uphold secularism, social justice, and rule of law in society.

Promoting constitutional awareness among the youth is not just about legal education—it's about instilling values that promote a just and inclusive society. By understanding the Constitution, young people can become active participants in shaping India's future as informed, empowered, and responsible citizens.

In conclusion, increasing constitutional literacy among the youth is vital. It empowers them to exercise their rights responsibly, fulfil their duties sincerely, and contribute meaningfully to India's democratic growth. The future of the nation depends on how well its young citizens understand and uphold the spirit of the Constitution.

As above perspective to disseminate fundamental values of constitution among youths was decided in 2 blocks of Sitapur districts of UP.

## **B. Major activities of the youth program in last 6 months**

1. Identifying of geography and GPs of 2 developmental blocks of Sitapur districts
2. Mapping and mobilisation male and female.
3. Identification of blocks and grampanchayats
4. Mobilization of youths
5. Formation of group male and female
6. Training session on Equality and Justice , No of session 10 batches
7. Training session on Socialism and Democracy with youth male and female 8 completed and continued.
8. Conducting session on government scheme among youths.

## **C. Target group of the project –**

Around 300 youths (male and female) are engaged with this program in both the blocks the constitutional values. We have conducted the activities on Equality, Justice, Socialism and Democracy till date.

## **D. Major results in last 6 months**

1. Youth mobilisation 300 male and female.
2. Session on constitutional values more than 20 on given pre decided topics.
3. Understanding developed among youths on above issues.
4. Almost 50% youths are active in community.
5. Social action emerged A. Rojgaar suchana Kendra B. Interest emerged among youths about government schemes.

## **(F)- Roadmap**

SSS will facilitate following in future:

- ❖ A computer institute (Basic knowledge of computer).
- ❖ Training youths base on livelihood by the other resource person
- ❖ Created A ROJGAR SUCHNA KENDRA with 2 blocks.

### (G)-Glimpse some major pic and photos –







## (H)- Media coverage

### यूथ प्रोग्राम से युवा शक्ति हो रहे जागरूक

(बीके सिंह)

सीतापुर। शाश्वत सहभागी संस्थान सीतापुर के द्वारा संचालित यूथ प्रोग्राम के क्रम में दिनांक - १८.०३.२०२५ संस्था के बैनर तले ग्राम भैरमपुर के किशोर एवम किशोरियों को संविधान के मौलिक अधिकारों पर जागरूक किया गया।

जिसमें संस्था के मुख्य कार्यकारी देवेन्द्र मिश्रा, एव राज्य कार्यालय से शुभम् शुक्ला, और फैसिलिटेटर



विजय लक्ष्मी एव सत्येंद्र कुमार आदि मौजूद रहे।



## किशोरियों की कार्यशाला में लोकतंत्र और समाजवाद पर हुई चर्चा

मिश्रिख-सीतापुर (स्पष्ट आवाज़)। तहसील क्षेत्र में शाश्वत सहभागी संस्थान द्वारा आयोजित यूथ प्रोग्राम के तहत गोंदलामऊ ब्लॉक



के ग्राम पंचायत रामगढ़ में किशोरियों की कार्यशाला हुई। कार्यशाला में किशोरियों को लोकतंत्र और समाजवाद विषय पर प्रशिक्षण दिया गया। कार्यशाला की शुरुआत वाकर साइकिल और एनर्जाइजर के माध्यम से की गई। इसके बाद किशोरियों को लोकतंत्र और समाजवाद के बारे में विस्तार से बताया गया। किशोरी स्वास्थ्य और महिलाओं के कानून से संबंधित विषयों पर भी चर्चा हुई। कार्यशाला में वाद-विवाद प्रतियोगिता का आयोजन किया गया, जिसमें किशोरियों ने सक्रिय भाग लिया। न्याय और समानता पर चर्चा की गई इस दौरान किशोरियों ने अपने विचार साझा किए। कार्यशाला में सरकारी योजनाओं के बारे में भी जानकारी दी गई, जिसमें प्रधानमंत्री सुरक्षा बीमा योजना के बारे में बताया गया। किशोरियों को दो भागों में बांटकर न्याय और समानता पर सत्र चलाया गया। कार्यशाला में सभी किशोरियों ने उत्साह के साथ भाग लिया और गीत सुनाया। कार्यशाला में देवेन्द्र मिश्रा, कस्तूरी, प्रियंका, फैसिलिटेटर विजयलक्ष्मी और वैभव वैश्य मौजूद रहे।

## संगठन ने किशोरियों के साथ कार्यशाला आयोजित की



मिश्रिख(सीतापुर) मिश्रिख तहसील क्षेत्र में शाश्वत सहभागी संस्थान द्वारा आयोजित यूथ प्रोग्राम के तहत गोंदलामऊ ब्लॉक के ग्राम पंचायत रामगढ़ में किशोरियों के साथ कार्यशाला आयोजित की गई। कार्यशाला में किशोरियों को लोकतंत्र और समाजवाद विषय पर प्रशिक्षण दिया गया। कार्यशाला की शुरुआत वाकर साइकिल और एनर्जाइजर के माध्यम से की गई। इसके बाद किशोरियों को लोकतंत्र और समाजवाद के बारे में विस्तार से बताया गया। किशोरी स्वास्थ्य और महिलाओं के कानून से संबंधित विषयों पर भी चर्चा हुई। कार्यशाला में वाद-विवाद प्रतियोगिता का आयोजन किया गया, जिसमें किशोरियों ने सक्रिय भाग लिया। न्याय और समानता पर चर्चा की गई और किशोरियों ने अपने विचार साझा किए। कार्यशाला में सरकारी योजनाओं के बारे में भी जानकारी दी गई, जिसमें प्रधानमंत्री सुरक्षा बीमा योजना के बारे में बताया गया। किशोरियों को दो भागों में बांटकर न्याय और समानता पर सत्र चलाया गया। कार्यशाला में सभी किशोरियों ने उत्साह के साथ भाग लिया और गीत सुनाया। सभी प्रतिभागियों ने भाग लिया और कार्यशाला को सफल बनाया। कार्यशाला में देवेन्द्र मिश्रा, कस्तूरी, प्रियंका, फैसिलिटेटर विजयलक्ष्मी और वैभव वैश्य मौजूद रहे।

## यूथ प्रोग्राम के तहत किशोरियों के साथ कार्यशाला का आयोजन

मिश्रिख, सीतापुर। तहसील क्षेत्र में शाश्वत सहभागी संस्थान द्वारा आयोजित यूथ प्रोग्राम के तहत गोंदलामऊ ब्लॉक के ग्राम पंचायत रामगढ़ में किशोरियों के साथ कार्यशाला आयोजित की गई। कार्यशाला में किशोरियों को लोकतंत्र और समाजवाद विषय पर प्रशिक्षण दिया गया। कार्यशाला की शुरुआत वाकर साइकिल और एनर्जाइजर के माध्यम से की गई। इसके बाद किशोरियों को लोकतंत्र और समाजवाद के बारे में विस्तार से बताया गया। किशोरी स्वास्थ्य और महिलाओं के कानून से संबंधित विषयों पर भी चर्चा हुई। कार्यशाला में वाद-विवाद प्रतियोगिता का आयोजन किया गया, जिसमें किशोरियों ने सक्रिय भाग लिया। न्याय और समानता पर चर्चा की गई और किशोरियों ने अपने विचार साझा किए। कार्यशाला में सरकारी योजनाओं के बारे में भी जानकारी दी गई, जिसमें प्रधानमंत्री सुरक्षा बीमा योजना के बारे में बताया गया। किशोरियों को दो भागों में बांटकर न्याय और समानता पर सत्र चलाया गया। कार्यशाला में सभी किशोरियों ने उत्साह के साथ भाग लिया और गीत सुनाया। सभी प्रतिभागियों ने भाग लिया और कार्यशाला को सफल बनाया। कार्यशाला में देवेन्द्र मिश्रा, कस्तूरी, प्रियंका, फैसिलिटेटर विजयलक्ष्मी और वैभव वैश्य मौजूद रहे।